

Appendix 24b ■ Negotiated Risk Agreement Example Client B

Client's Last Name	First Name	MI	MSSP #									
Client's desire/preference: Client prefers a diet of high fat, high sugar, fast food, and snacks. He/She doesn't always have time to cook.												
Current situation/cause(s) of concern: Client has Insulin-Dependent Diabetes Mellitus (IDDM), which is difficult to control with current diet.												
Possible/probable negative consequences: The current diet can result in long-term problems with vision, kidneys, heart, and circulation.												
Possible alternatives to minimize risk: <ol style="list-style-type: none">1) Client can reduce trips to fast food restaurants from 5x/week to 2x/week.2) When eating at fast food restaurants, order grilled chicken breast or chicken salad with reduced fat dressing, or other low fat, low carbohydrate menu item.3) The care manager can make a referral for nutritional consultation.4) When cooking at home, the client can prepare additional food to freeze for future meals.5) Client can plan a week's worth of menus and buy groceries accordingly.6) Have low fat, low sugar snacks available.												
Final agreement, if any, reached by all parties: The client agrees to try #1 and #2. The care manager will obtain information on fat and sugar content of food items at Burger King and McDonald's.												
Frequency of reassessment of risk: Every month.												
Signatures:												
<table border="1"><thead><tr><th>Name</th><th>Relationship</th><th>Date</th></tr></thead><tbody><tr><td></td><td><i>Client</i></td><td></td></tr><tr><td></td><td><i>Care Manager</i></td><td></td></tr></tbody></table>				Name	Relationship	Date		<i>Client</i>			<i>Care Manager</i>	
Name	Relationship	Date										
	<i>Client</i>											
	<i>Care Manager</i>											
See the Site Manual Chapter 3, Section 3.700, Assessing and Documenting Client Risk, for additional information.												